



## Procedure: Certification Periods

Volume: Nutrition Services/Breastfeeding

Section: Certification

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### Purpose

Describe the length of certifications for all status of participants.

### Certification Periods and Nutrition Education Contacts

Length of certification periods is discussed in detail in Volume I Section E.

Nutrition education is a benefit of participation and is part of each certification period.

- During each six-month certification period, at least two nutrition contacts will be made available to all women and to the parents or responsible parties of infant and child participants.

An outline of certification periods and nutrition education contacts is included below:

**Certification Periods and Nutrition Education Contacts**

	Infant 0-5 mo old at initial cert	Infant 6-12 mo old at initial cert	Child 1-4 years	Pregnant	Breastfeeding Fully or Mostly	Breastfeeding Some	Postpartum
How long certified	Up to age one	Six month period	Six month period	Up to 6 weeks postpartum	Up to infants first birthday	Up to infants first birthday**	6 months from date of delivery
How many nutrition education contacts needed	4	2	2	3	4	2 - 4	2
When are nutrition education contacts provided	Certification visit  2 <sup>nd</sup> Ed between 3-5 months of age  Mid-Cert Visit 5-8 months old  2 <sup>nd</sup> Ed between 8 – 10 months of age	Certification visit  2 <sup>nd</sup> Ed halfway through cert period	Certification visit  2 <sup>nd</sup> Ed halfway through cert period typically 2-3months after cert visit	Certification visit  2 <sup>nd</sup> Ed during second trimester of pregnancy  2 <sup>nd</sup> Ed during third trimester of pregnancy	Certification visit  2 <sup>nd</sup> Ed between 3-5 months postpartum  BF1 Mid-Cert Visit  2 <sup>nd</sup> Ed between 8 – 10 months postpartum	Certification visit  2 <sup>nd</sup> Ed between 3-5 months postpartum (give information sheet)  2 <sup>nd</sup> Ed at infants Mid-Cert visit (evaluate breastfeeding)  2 <sup>nd</sup> Ed between 8-10 months postpartum – NO CHECKS	Certification visit  2 <sup>nd</sup> Ed between 3-5 months postpartum
**Special Instructions for Some Breastfeeding – After baby is 6 months of age, mom will no longer be eligible to get foods for herself. Baby will continue to get checks – Mom can continue to participate to receive breastfeeding support and nutrition education until baby turns one year of age but mom will not get checks.							

	New Certification	Re-Cert	Mid-Cert	BF1 Mid-Cert visit	2 <sup>nd</sup> Nutrition Ed
Client Description	Client new to WIC	Client has been on WIC	Infant who is 5-8 months old	Breastfeeding woman with 5-8 month old infant	Client is currently on WIC
Health & Nutrition Assessment Done This Visit?	Yes	Yes	Yes	Yes	No – only here for nutrition education and to pick up checks